



SUNDAY SILENT PRACTICE AT AZC

PLEASE READ AND FOLLOW THE POSTED
PROTOCOLS IN AND AROUND THE CENTER.

Meeting Room and Library are closed.

Masks, covering the nose and mouth, are required for everyone, including children, at all times in the Zendo, restrooms, and anywhere on the grounds.

A mask will be provided for you if you do not have one.

If you begin to feel sick while at AZC, please inform one of the officers/board members before you depart.

Please maintain a minimum of 6 feet between you and others at all times in the Zendo and on the grounds.

Please maintain silence. Although you may see fellow Sangha-members whom you have not seen for some time, please arrange any social time after you leave the Center.



PARTICIPATION IS AT YOUR OWN RISK. GASSHŌ

